





MEDICAL STATEMENT

Participant Record (Confidential Information)

Please read carefully before signing.

This is a statement in which you are informed of some potential risks involved in scuba diving and of the conduct required of you during the scuba training program. Your signature on this statement is required for you to participate in the scuba training program offered

byand	spaces must be normal and healthy. A person with coronary disease, a
Instructor	current cold or congestion, epilepsy, a severe medical problem or who is under the influence of alcohol or drugs should not dive. If you have
located in the Facility	asthma, heart disease, other chronic medical conditions or you are tak-
Facility	ing medications on a regular basis, you should consult your doctor and
city of, state/province of	the instructor before participating in this program, and on a regular basis thereafter upon completion. You will also learn from the instructor the
Read this statement prior to signing it. You must complete this Medical Statement, which includes the medical questionnaire section, to enroll in the scuba training program. If you are a minor, you must have this Statement signed by a parent or guardian. Diving is an exciting and demanding activity. When performed correctly, applying correct techniques, it is relatively safe. When	important safety rules regarding breathing and equalization while scuba diving. Improper use of scuba equipment can result in serious injury. You must be thoroughly instructed in its use under direct supervision of a qualified instructor to use it safely. If you have any additional questions regarding this Medical Statement or the Medical Questionnaire section, review them with your instructor before signing.
Divers Medical Questionnaire	
To the Participant:	
The purpose of this Medical Questionnaire is to find out if you should be examined by your doctor before participating in recreational diver training. A positive response to a question does not necessarily disqualify you from diving. A positive response means that there is a preexisting condition that may affect your safety while diving and you must seek the advice of your physician prior to engaging in dive activities.	Please answer the following questions on your past or present medical history with a YES or NO . If you are not sure, answer YES . If any of these items apply to you, we must request that you consult with a physician prior to participating in scuba diving. Your instructor will supply you with an RSTC Medical Statement and Guidelines for Recreational Scuba Diver's Physical Examination to take to your physician.
Could you be pregnant, or are you attempting to become pregnant?	Dysentery or dehydration requiring medical intervention?
Are you presently taking prescription medications? (with the exception of	Any dive accidents or decompression sickness?
birth control or anti-malarial) Are you over 45 years of age and can answer YES to one or more of the	Inability to perform moderate exercise (example: walk 1.6 km/one mile within 12 mins.)?
following?	Head injury with loss of consciousness in the past five years?
currently smoke a pipe, cigars or cigarettes have a bigh shelesters level.	Recurrent back problems?
have a high cholesterol levelhave a family history of heart attack or stroke	Back or spinal surgery?
are currently receiving medical care	Diabetes?
high blood pressurediabetes mellitus, even if controlled by diet alone	Back, arm or leg problems following surgery, injury or fracture?
Have you ever had or do you currently have	High blood pressure or take medicine to control blood pressure?
Asthma, or wheezing with breathing, or wheezing with exercise?	Heart disease?
Frequent or severe attacks of hayfever or allergy?	Heart attack?
Frequent colds, sinusitis or bronchitis?	Angina, heart surgery or blood vessel surgery?
Any form of lung disease?	
Pneumothorax (collapsed lung)?	Sinus surgery? Ear disease or surgery, hearing loss or problems with balance?
Other chest disease or chest surgery?	
Behavioral health, mental or psychological problems (Panic attack, fear of closed or open spaces)?	Recurrent ear problems? Bleeding or other blood disorders?
Epilepsy, seizures, convulsions or take medications to prevent them?	Hernia?
Recurring complicated migraine headaches or take medications to pre-	Ulcers or ulcer surgery ?

established safety procedures are not followed, however, there are increased risks.

To scuba dive safely, you should not be extremely overweight or out of condition. Diving can be strenuous under certain conditions. Your respiratory and circulatory systems must be in good health. All body air nd healthy. A person with coronary disease, a , epilepsy, a severe medical problem or who is ohol or drugs should not dive. If you have ner chronic medical conditions or you are taklar basis, you should consult your doctor and cipating in this program, and on a regular basis n. You will also learn from the instructor the arding breathing and equalization while scuba uba equipment can result in serious injury. You cted in its use under direct supervision of a it safely.

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	Dysentery or dehydration requiring medical intervention?
#	Any dive accidents or decompression sickness?
	nability to perform moderate exercise (example: walk 1.6 km/one mile vithin 12 mins.)?
H	Head injury with loss of consciousness in the past five years?
F	Recurrent back problems?
E	Back or spinal surgery?
	Diabetes?
E	Back, arm or leg problems following surgery, injury or fracture?
H	High blood pressure or take medicine to control blood pressure?
H	Heart disease?
H	Heart attack?
A	Angina, heart surgery or blood vessel surgery?
8	Sinus surgery?
E	Ear disease or surgery, hearing loss or problems with balance?
F	Recurrent ear problems?
E	Bleeding or other blood disorders?
F	Hernia?
\	Jlcers or ulcer surgery?
A	A colostomy or ileostomy?
F	Recreational drug use or treatment for, or alcoholism in the past five

The information I have provided about my medical history is accurate to the best of my knowledge. I agree to accept responsibility for omissions regarding my failure to disclose any existing or past health condition.

> Signature of Parent or Guardian Signature Date Date

years?

Blackouts or fainting (full/partial loss of consciousness)?

Frequent or severe suffering from motion sickness (seasick, carsick,

STUDENT

Please print legibly. Name Mailing Address _____ State/Province/Region _____ City_ Country ___ Zip/Postal Code Home Phone (Business Phone (FAX Email _ Name and address of your family physician Clinic/Hospital Physician _____ Address Date of last physical examination _____ Name of examiner______ Clinic/Hospital_____ Address _ Email Phone (Were you ever required to have a physical for diving? ☐ Yes ☐ No If so, when?_____ **PHYSICIAN** This person applying for training or is presently certified to engage in scuba (self-contained underwater breathing apparatus) diving. Your opinion of the applicant's medical fitness for scuba diving is requested. There are guidelines attached for your information and reference. **Physician's Impression** $\hfill \square$ I find no medical conditions that I consider incompatible with diving. ☐ I am unable to recommend this individual for diving. Remarks ____ Date ____ Physician's Signature or Legal Representative of Medical Practitioner Physician_____ Clinic/Hospital_____ Address _____ Email _____ Phone (